



# RIVERBANK PUBLIC SCHOOL

Learning to Live • Living to Learn

SCHOOL NEWSLETTER • 10 August • TERM 3 WEEK 4

## IMPORTANT DATES

### Term 3

#### Week 4

12 August

Zone Athletics

#### Week 5

15 August

Year 6 – Aussie Bush Camp

16 August

Year 6 – Aussie Bush Camp

17 August

Year 6 – Aussie Bush Camp

19 August

Year 1, Year 3 & Year 5 Assemblies

PSSA

#### Week 6

22 August

Year 4 ZooSnooz (4E, 4O, 4BW)

Stage 2 Author Visit

23 August

Year 4 ZooSnooz (4C, 4L, 4V)

24 August

Year 4 ZooSnooz (4A, 4S, 4W)

25 August

Book Week Dress-Up

Stage 3 Author Visit

26 August

K-2 Book Week Incursion

PSSA

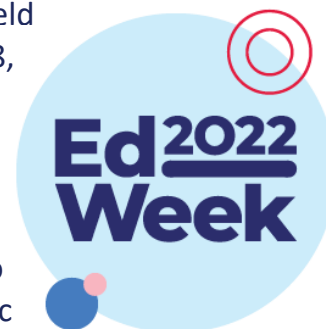
## PRINCIPAL'S REPORT

### Welcome

I would like to extend a warm welcome to Ms Sharan Ajgaonkar who will be joining our teaching staff from Monday 15 August.

### Education Week Open Classrooms Week 8

Education Week 2022 will be held from 5-7 September (Week 8, Term 3). This year's theme is 'creating futures – education changes lives' and celebrates the quality education we provide and the opportunities available to everyone in NSW public education.



We will be hosting a **STEAM EXPO** and invite parents to visit their child's classroom on the following dates:

**Monday 5 September 1.30pm to 2.30pm : Years K, 3, 5 & 6**

**Tuesday 6 September 1.30pm to 2.30pm: Year 1 and Inclusive Education**

**Wednesday 7 September 1.30pm to 2.30pm: Years 2 and 4**

## Creative and Performing Arts Spectacular

Our Creative and Performing Arts groups are rehearsing for our CAPA Spectacular evening to be held on Wednesday 21 September at the Hillsong Convention Centre.

Tickets are now on sale. Please return the payment/order form to your child's teacher and tickets will be sent home in envelopes with your child. No payments or allocation of tickets will take place from the school office. Tickets may take a week to be sent home.

### **Riverbank Public School Presents CAPTIVATE**

### **The CAPA Spectacular 2022**

**Wednesday 21 September 6pm Hillsong Convention Centre.**



## Hills Performing Arts Festival

I would like to congratulate five of our dance groups for being selected to perform at the Hills Performing Arts Festival. Hills Performing Arts Festival has been running for over 30 years for schools in the Hills and surrounding areas. This festival is an opportunity for schools to showcase the wonderful achievements and gains their students are making in the Performing Arts. Riverbank Public School will be performing at Penrith Panthers on Wednesday 31 August at 7:00 pm and will take part in a dress rehearsal on the same day.

The following groups have been selected:

- Year 2 Blue – This is Me
- Year 3 Pink – Wild Child
- Year 4 Pink – Keep it Undercover
- Year 6 – Sweet Dreams
- 3-6 Troupe – Unstoppable

## Annual School Colour Fun Run Fundraiser **Friday 23 September**

Each year we hold a colour fun run to raise money for RPS. We encourage all students to participate. Sponsorship forms and letters will be sent home next week.



**32 SCHOOL DAYS TO GO**

[https://www.youtube.com/watch?v=FNlb\\_ZHiygl](https://www.youtube.com/watch?v=FNlb_ZHiygl)

### **Premier's Reading Challenge**

The NSW Premier's Reading Challenge is a government initiative coordinated by the NSW Department of Education, supporting students to develop a love of reading for leisure and pleasure, and providing encouragement to engage with quality literature. We want to remind our families that this challenge is closing on **Friday 19 of August**. Our wonderful Ms Kennedy has completed all entries for our K-2 students. 3-6 students and parents will need to log on before this date to finalise their lists by heading to the PRC website. NSW Premier's Reading Challenge 2022: Home ([det.nsw.edu.au](http://det.nsw.edu.au)) Students' login details will be the same login they use at school. If you have difficulty with your child's logon, please contact their class teacher or [jennifer.l.kennedy@det.nsw.edu.au](mailto:jennifer.l.kennedy@det.nsw.edu.au). The Library is open before and after school every day except Monday and students may come and get assistance logging books. Students may enter books they have read from the school, home or local libraries.

### **Absences and Extended Leave**

If your child is absent for any reason from school, could you please ensure that a note, phone call or email to your child's teacher or to the school email is provided stating the date and reason for the absence. This is a legal responsibility and is closely monitored by the Department. An explanation of absence is required within 7 days.

If the school has not received an explanation outlining a reason for the absence, a reminder letter will be sent home after 7 days.

If you are taking a long term of absence (5 days or more), for example a holiday during the school term, you must inform the school's front office and complete a Certificate of Extended Leave. Any documentation such as travel details, itinerary or flight bookings are needed to issue the extended leave certificate.

### **P&C Meeting**

The next P&C meeting will be held next Wednesday 17 August in the school staffroom, beginning at 6:00pm. We encourage all community members to attend and contribute their thoughts and ideas in an open forum.

### **2023 Kindergarten Enrolment**

If you have a child commencing Kindergarten in 2023 please enrol online by 31 August 2022.

<https://riverbank-p.schools.nsw.gov.au/about-our-school/enrolment.html>

### **Covered walkways**

Very exciting news - construction of covered walkways for all demountables commenced last weekend. The work will take place on weekends and during the school holidays.



### **Ridges Zone Athletics Carnival**

Congratulations to the following students representing RPS at this Friday's Ridges Zone Athletics Carnival.

<b><u>Name</u></b>	<b><u>Class</u></b>
Jeremy A	6G
Linda Arul T	6B
Haseeb A	3I
Avani B	4J
Christian B	5H
Braxton B	3G
Oliver B	6H
Riya B	6K
Dazzline B	6F
Eva B	6D
Maya B	4S
Riley B	4W
Dhruti C	4D
Sudhith Ch	5W
Mina C	4L
Sienna C	5J
Owen C	3I
Dehara D	6S
Yash D	4J
Casey G	6M
Wendy G	6K
Jett G	6G
Tegan H	6F
Izdian I	6S
Jeromin J	6T
Shanaya J	6F
Nevaeh J	3C
Aditya K	5W
Archi K	6F
Ayaan K	4A
Marcus K	6N
Tanay K	6S
Verena L	5L
Naturelle M	3S
Lyrik M	6N
Alaysha N	6N
Kyra N	6K
Marina N	6H
Snigdha P	5/6C
Neil P	5K
Abhiram P	4R
Adharv P	4V
Arsh R	5D
Oneth R	5G
Aarush R	3W
Hakan S	6M
Evelynn S	4C
Jasgeet S	5H
Ruheen S	6N
Charlotte S	6T
Jordan S	6D



### Science Week 15 August -29 August 2022

National Science Week will be celebrated next week from 13th-21st August. The theme for 2022 is 'Glass: More than meets the eye' which recognises the United Nations International Year of Glass. The United Nations describe glass as one of the most important and transformative materials in history which will continue to have an enormous impact into our future, not only for its many applications, but also for the integral role it will play in sustainable development. Throughout Week 5, Riverbank students will celebrate Science Week by participating in creative and engaging hands-on experiments designed to expand their understanding about this versatile material.



### Book Week 22 August – 26 August 2022

Each year since 1945 the CBCA has brought children and books together across Australia through CBCA Book Week. During this time schools and public libraries spend one glorious week celebrating books and Australian children's authors and illustrators. Classroom teachers, teacher librarians and public librarians create colourful displays, develop activities, run competitions and tell stories relating to a theme to highlight the importance of reading. You will often see parades with students dressed as their favourite book character. **On Thursday, 25 August students are encouraged to dress up as their favourite book character.** K-2 classes will enjoy a drama performance incursion and 3-6 students are looking forward to author visits.



### Waste Free Wednesday

Riverbank is going waste free every Wednesday beginning Term 3 by bringing lunchboxes filled with nude food. We highly encourage students to have a lunchbox free of food wrappers, such as chip packaging, glad wrap or aluminium foil. You can carry your food in reusable containers and packaging that cannot be thrown away.



Have a wonderful fortnight.

**Mrs Jeanie Brown**  
**Principal**

### **Term 3 COVID Smart Measures**

As we continue to prioritise student and staff learning and wellbeing while at school, our layered COVID-smart measures will continue for Term 3. These 'baseline measures' are aligned to the NSW Government's general community settings and include:

- staying home and getting tested if unwell, and only attending school when symptom free
- strongly encouraging mask-wearing for all staff and students, particularly in the first 4 weeks of term
- rapid antigen testing for symptomatic students and staff, and close contacts attending school to learn and work
- strongly encouraging COVID-19 vaccinations for students, staff and their families, including a booster shot (when eligible)
- strongly encouraging students, staff and their families to get a flu vaccination
- strict requirements for close contacts attending school
- good hygiene practices
- maximising natural ventilation
- boosted cleaning during the day, with particular attention given to high touch surface areas
- responding to local COVID-19 conditions when necessary, by working with the department's Health, Safety and Staff Wellbeing team.

Continuing these baseline COVID-smart measures allows us to prioritise student and staff wellbeing while providing our learners a consistent and productive learning environment this term.

### **What is new in Term 3?**

As winter continues, our COVID-smart measures have been updated in consultation with NSW Health to provide appropriate protection to our school community.

- **Vaccinations.** The department has updated its policy regarding COVID-19 vaccination for employees following an independent risk assessment of school (and corporate) settings and consultation with unions and relevant stakeholders. While vaccination will no longer be a requirement for our staff from 1 August 2022, it is pleasing to see that a recent survey highlighted that more than 99% of the department's active school-based workforce have had at least two doses of a COVID-19 vaccine. We will continue to strongly encourage all our staff to keep up to date with their COVID-19 vaccinations as a way of protecting themselves, students, and our school community.
- **Boosted day cleaning.** The department has made a slight change to its cleaning process. Cleaning of school sites will now be more concentrated during the day, with an increase in cleaning in school hours, and a subsequent reduction out of hours. Boosted day cleaning will continue to focus on high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas.

### What is continuing for Term 3?

- Close contacts. Students identified as close contacts remain able to attend school providing they are symptom free, notify the school and return a negative COVID-19 test result daily for 5 consecutive school days. Primary students, while not required, are strongly encouraged to wear a mask for 5 consecutive school days (except when eating/drinking or exercising). Please note that students identified as close contacts are still unable to attend overnight excursions, including camps.
- Masks. Masks are an effective way of minimising the transmission of respiratory viruses and infections, and protecting our community, especially those who are at higher risk of severe illness from COVID-19 and flu. We strongly encourage all students and staff wear a mask for the first 4 weeks of Term 3, particularly in indoor settings or when distancing is not possible. The latest NSW Health advice also recommends wearing a mask for people who have recovered from COVID-19 and recently completed their 7-day isolation period for an additional 3 days (from days 8 to 10 after receiving a positive COVID-19 result). Additionally, as outlined in the below section on close contacts, mask wearing is mandatory for staff and strongly recommended for primary school students returning to school as close contacts for 5 school days.
- Rapid antigen tests (RATs). The department will send another round of RATs to our school early this term, which we will provide to you in the form of 1 multipack of 5 RAT kits per student. These RATs can be used as required for symptomatic testing, such as if your child is displaying even mild symptoms, and daily testing for close contacts returning to school. Once these department-supplied RATs are exhausted, please continue to access store-purchased RATs which are now readily available in the community or PCR tests. Please also remember that positive RAT results must be registered with ServiceNSW, and students who test positive to COVID-19 must not attend school until their isolation period ends and they are symptom free.
- Responding to our local situation. We will continue to liaise with NSW Health and the department's Health, Safety and Staff Wellbeing Case Management team to ensure our COVID-smart settings keep up with the latest developments. If local conditions require it, this may mean reintroducing temporary additional COVID-smart measures to act as a 'circuit breaker', including:
  - mandating mask wearing for all staff (primary school settings)
  - postponing or limiting non-essential activities like excursions, indoor assemblies and visitors to the school
  - directing cohorts to learn remotely for short periods of time.
- Maximising natural ventilation. The department has reviewed environmental differences across NSW as part of their winter ventilation planning to ensure that local climatic conditions at each school are considered. The department will continue to provide local guidance to schools, including advice on maximising natural ventilation while balancing thermal comfort and the use of indoor and outdoor learning areas for school activities to support schools to adapt to local climate conditions throughout the winter months.
- Reducing the risk of illness this winter. Finally, it is important to note NSW Health's advice to reduce our risk of not only COVID-19, but other illnesses that may affect our school at this time of year such as the flu and [respiratory syncytial virus \(RSV\)](#), both of which can be serious in younger people. We can all protect our loved ones and our community by:
  - staying home and getting tested if unwell or displaying any symptoms

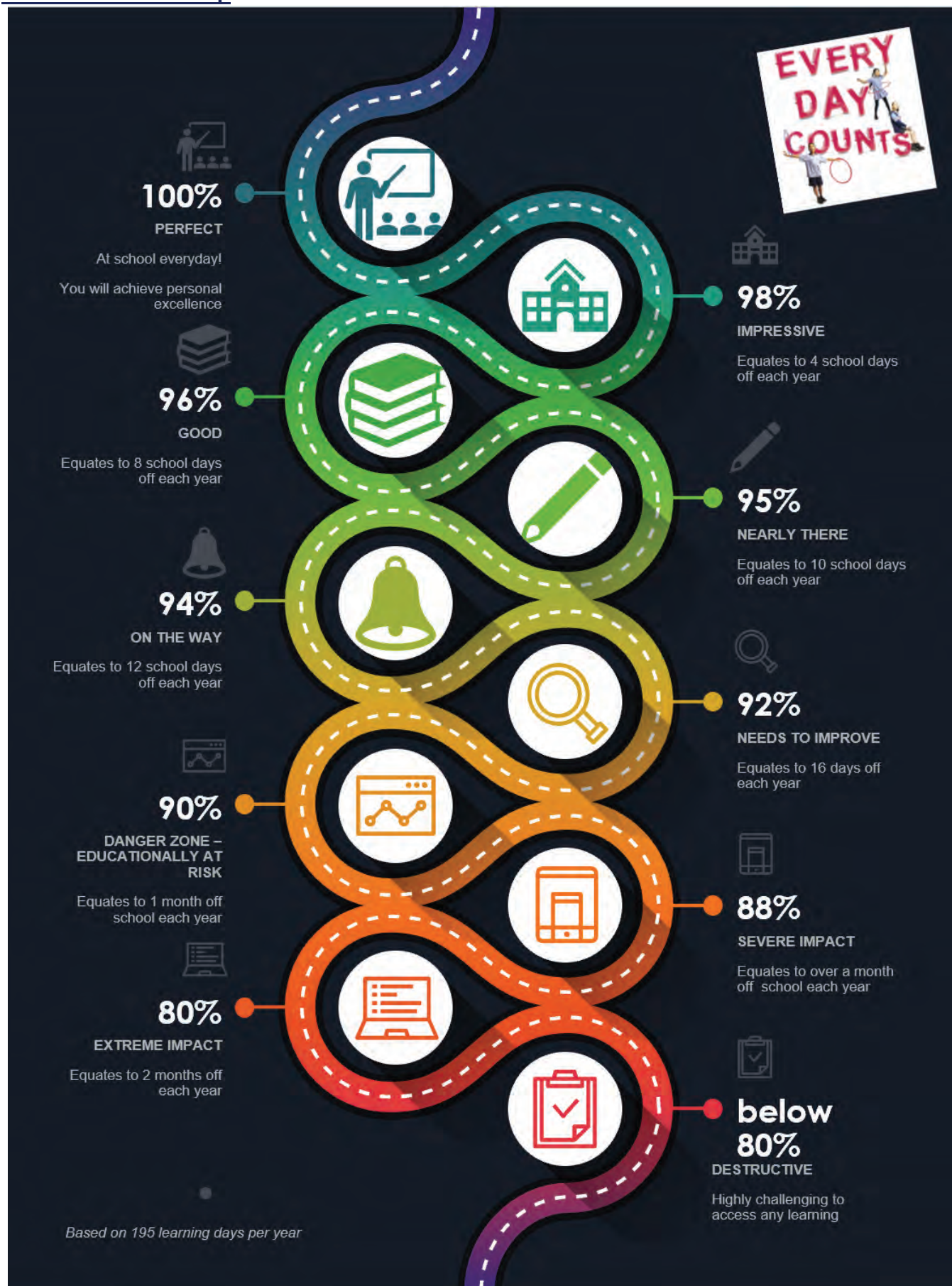
- keeping up to date with our vaccinations – including the flu vaccine, which is available from your local GP or pharmacy now
  - flu vaccines are free for all children aged 6 months to under 5 years, or for a small charge for those aged 5 years and older
- getting tested immediately for COVID-19 if you become symptomatic and isolating until you receive a negative result and are symptom free
- practicing good hand hygiene by washing regularly with soap and water
- taking a RAT before visiting vulnerable loved ones or going to large gatherings and events.

<https://www.nsw.gov.au/covid-19/stay-safe/testing/self-isolation-rules>

<https://education.nsw.gov.au/inside-the-department/covid-19/vaccinations>



## Attendance Road Map





## In the gate by half past 8

Parents, we are seeing over 100 students arrive late to school every day. Students are required to be at school before the morning bell and in their class lines by 8.45am. Thank you for your ongoing support.

NSW Department of Education

### Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



### Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

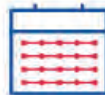
and years over their school life

**1** day per fortnight



=

**4** weeks



=

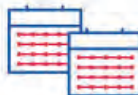
Over **1** year missed

**1** day per week



=

**8** weeks



=

Over **2.5** years missed

education.nsw.gov.au

## Understanding Anxiety & Children

Anxiety is a general term used to describe a feeling of extreme worry or uneasiness. Anxiety often occurs in the absence of real threat. Feeling anxious after something upsetting happens is normal. Some level of worry can help us to prepare to cope with a stressful situation. However, some individuals, including children find it tricky to get their worries under control. For example, when a child feels anxiety, that lasts a long time they may need extra support to manage their worries.

Anxiety may look different from child to child. Common signs of anxiety include avoiding coming to school or seeing friends, trouble sleeping, complaining about stomach aches or other physical symptoms, trouble concentrating in class and being fidgety, being self-conscious or displaying disruptive behaviour. To manage their worries, children tend to avoid situations that make them anxious which helps relieve stress in the short term however in the long term increases their anxiety and reduces their ability to cope.

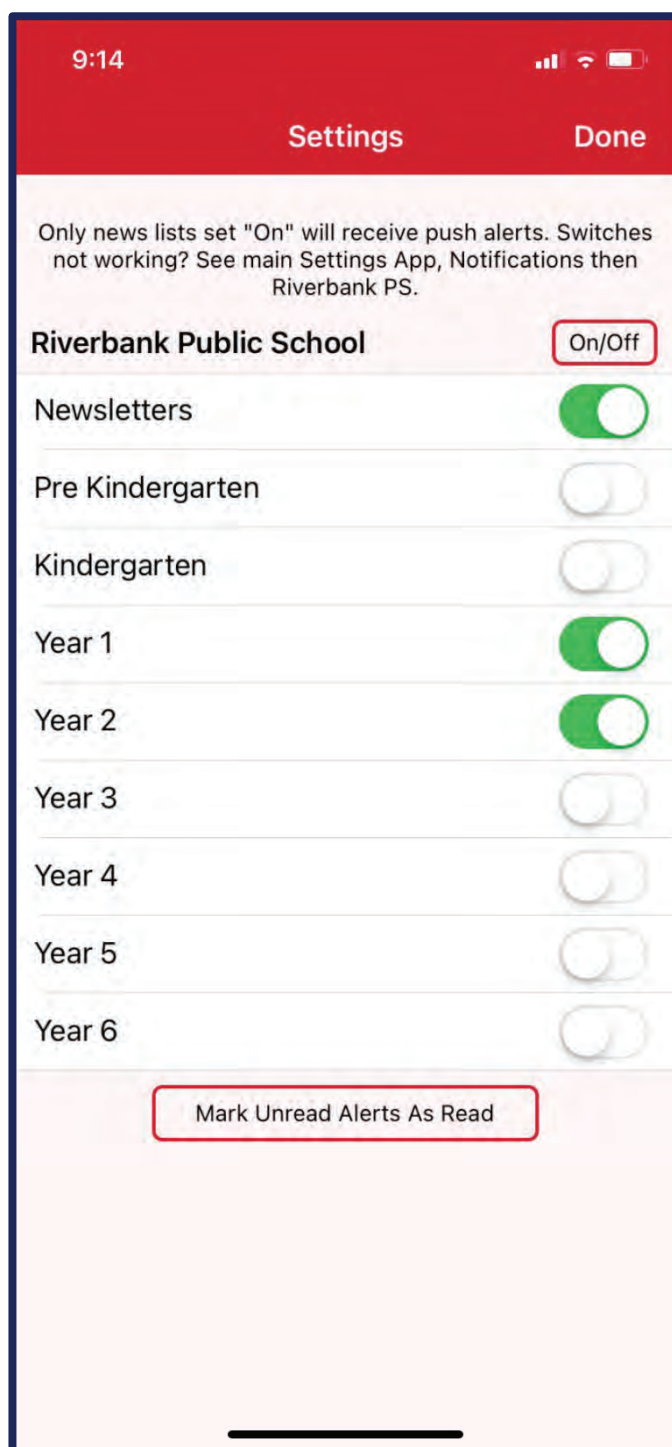
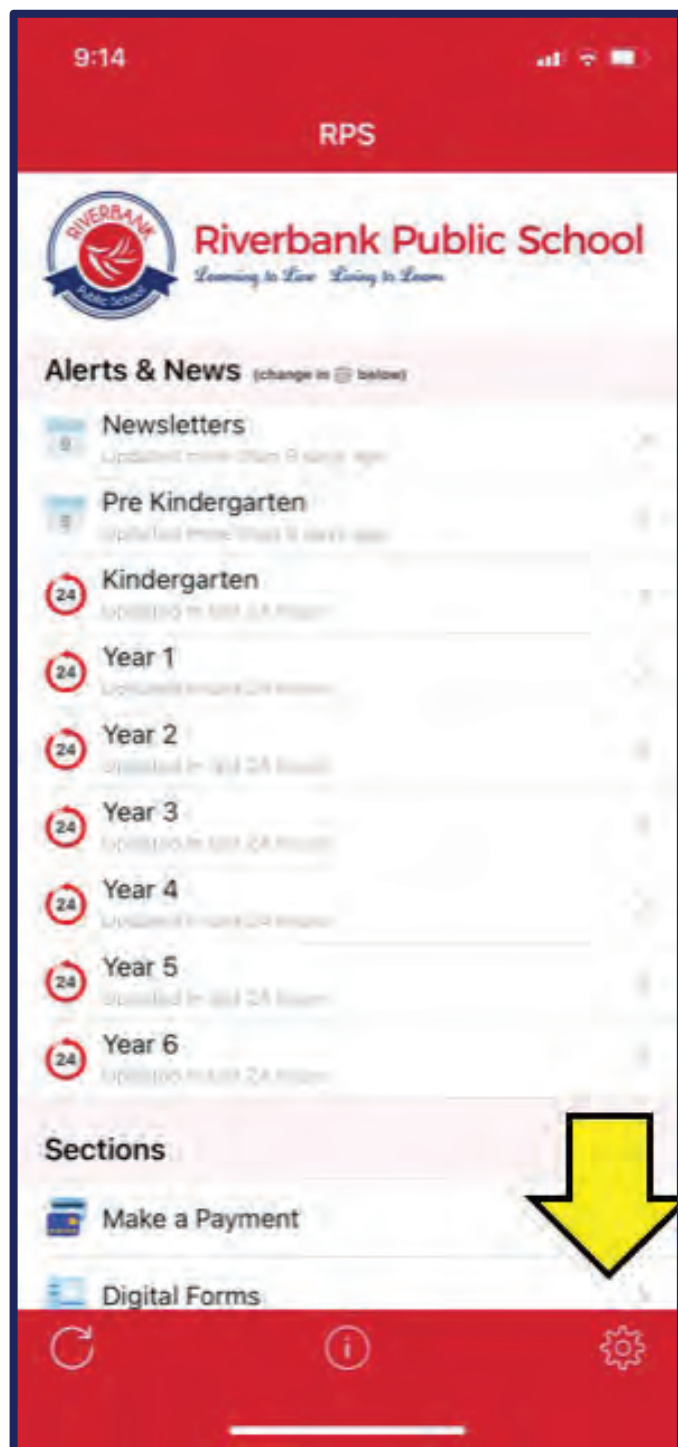
As parents, you may like to consider the following strategies to support your child:

- Curiously listening to their fears, encouraging them to talk about these without dismissing or minimising them. The physical symptoms of anxiety our children report is real, and we can help our children to reduce these symptoms by distracting them to concentrate on the things they enjoy (*for example colouring in, listening to music, walking outdoors*).
- For children 7 years and over, we can teach them realistic and logical thinking by encouraging them to be like “*detectives*” and check out their worries by looking for realistic evidence. Examples of questions you can get them to ask themselves: *Has this happened before? Do I know other kids who have had this happen and if so how bad was that for them? What would I say to my friend if he/she had this thought? What is likely to happen or what else could be true?*
- Create and maintain a structured and routine home environment. For example, a predictable bedtime and morning routine and encourage participation in normal daily activities including school and extracurricular activities as much as possible may help manage anxiety.
- Breathing and relaxation exercises are effective way to help with the physical symptoms of anxiety. Consider exploring the Smiling Minds Website/ App which has guided, engaging and child friendly breathing exercises you can complete with your child together.
- If you would like further information on how to support your children with anxiety, I recommend reading a copy of the *Helping Your Anxious Child: A Step-by-Step Guide For Parents* by Ronald M. Rapee. Professor Ronald Rapee is a psychologist who developed the *Cool Kids Program* at Macquarie University that teaches children and their parent’s how to better manage a child’s anxiety. I have mentioned some of his anxiety management strategies above. Also Raising Children, an Australian parenting website has useful information about supporting the wellbeing of children: <https://raisingchildren.net.au/>

### School App Tip

Did you know that you can tailor the push alerts that you receive from our school app to the grade/stage your child is in?

Select the cog wheel on the bottom right-hand corner and select Newsletters and the grade/stage your child is in to ensure that all relevant communication is received.



## Merit Awards

### Congratulations to our **Kindergarten** Term 3 Week 2 Merit Awards recipients

Class	Class
<b>KA</b> – Advika, Jessica	<b>KB</b> – Cheryl, Cally
<b>KD</b> – Ashritha, Anaisha	<b>KE</b> – Myron, Diya
<b>KF</b> – Dron, Monitha	<b>KJA</b> – Falak, Illyas
<b>KM</b> – Ahana, Himani	<b>KMH</b> – Shreeti, Vanessa
<b>KP</b> – Alana, Neil	<b>KS</b> – Sehajpreet, Rabaani
<b>KW</b> – Yuvaan, Mira	

### Congratulations to our **Year 1** Term 3 Week 3 Merit Awards recipients

Class	Class
<b>1A</b> – Arzoyi, Aanika	<b>1D</b> – Yug, Dhiya
<b>1E</b> – Risha, Ahaana	<b>1G</b> – Aaradhaya, Zaina
<b>1H</b> – Samaaya, Harviraj	<b>1J</b> – Dhristi, Nidhi
<b>1K</b> – Hawwam Ayaan	<b>1L</b> – Adrija, Amreen
<b>1M</b> – Akshaj, Ishaan	<b>1N</b> – Ruhaab, Mikayla
<b>1T</b> – Shanaya, Anish	

### Congratulations to our **Year 2** Term 3 Week 2 Merit Awards recipients

Class	Class
<b>2BL</b> – Shariya, Zayden	<b>2C</b> – Reyaan, Zynah
<b>2D</b> – Aarya, Brinda	<b>2J</b> – Charlotte, Kairav
<b>2K</b> – Hannah, Kanwar	<b>2L</b> – Atharv, Kai
<b>2M</b> – Zoha, Ella	<b>2N</b> – Tayler, Guntaas
<b>2P</b> – Kresika, Ira	<b>2R</b> – Cleo, Shaurya
<b>2S</b> – Arianna, Nahla	<b>2V</b> – Manvi, Pranidhi
<b>2W</b> – Esther, Mariam	

**Congratulations to our Year 3 Term 3 Week 3 Merit Awards recipients**

Class	Class
<b>3B</b> – Lemar, Zara, Shreyasi	<b>3C</b> – Naveah, Skylar, Maneesh
<b>3D</b> – Anna, Smera, Agastya	<b>3G</b> – Jiya, Thavanesh, Melody
<b>3H</b> –Tanav, Ammar, Palash	<b>3I</b> – Aryaveer, Sai, Suhaan
<b>3M</b> – Aryan, Arshman, Mukt	<b>3N</b> – Arihaan, Anit, Zakariah
<b>3S</b> – Yathin, Jacob, Suhaan	<b>3T</b> – Aryan, Ayad
<b>3W</b> – Vihaan, Rutvik, Anshika	

**Congratulations to our Year 4 Term 3 Week 2 Merit Awards recipients**

Class	Class
<b>4A</b> – Sehes, Tyson, Summaya	<b>4B</b> – Arya, Lucas, Avi
<b>4BW</b> – Shiv, Amitoj, Saanvi	<b>4C</b> – Neil, Grhitha, Jason
<b>4D</b> – Aayan, Aagam, Rohan	<b>4E</b> – Rian, Anay, James
<b>4J</b> – Neev, Aaron, Madeleine	<b>4L</b> – Sihath, Arya, Asmi
<b>4O</b> – Mitansh, Arzan, Angela	<b>4R</b> – Rafa, Abhyudaya, Piper
<b>4S</b> – Josh, Maaya, Zakariya	<b>4V</b> – Aaya, Jash, Aarav
<b>4W</b> – Riley, Mihir, Jasnoor	

**Congratulations to our Year 6 Term 3 Week 2 Merit Awards recipients**

Class	Class
<b>6B</b> – Ishaan, Tejaswi, Arya	<b>6D</b> – Aneesha, Aditya, Rayyan
<b>6F</b> – Angad, Shanaya, Arsh	<b>6G</b> – Jett, Sehej, Michaela
<b>6H</b> – Aarav P, Rohail, Smarth	<b>6K</b> – Saeesha, Danya, BJ
<b>6M</b> – Ateev, Aarav, Adhira	<b>6N</b> – Jansi, Ruheen, Alaysha
<b>6S</b> – Navanesh, Nivedha, Krishika	<b>6T</b> – Gabriel, Essa, Keziah
<b>5/6C</b> – Harshi, Mainya	

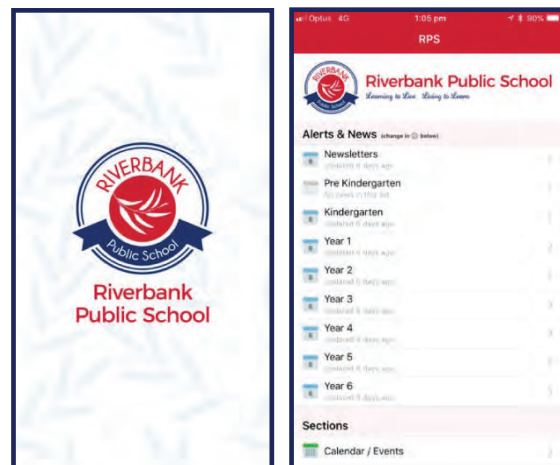


## Parent Communication

We use a variety of platforms to communicate information about upcoming events and highlight the great things that happen at Riverbank Public School.

### School Enews App

Important notifications are posted and emailed on the School Enews App. School Enews is a free app available for all mobile devices. Just download the app from the App Store or Play Store by searching for Riverbank Public School. Please ensure that push notifications alerts are turned on so that you can receive information as soon as it is distributed.



### School Website

Our school website is updated frequently. Some notes such as the Canteen Price List, Uniform Shop and our newsletter are all available online. Our school website is <https://riverbank-p.schools.nsw.gov.au>



### Facebook

Riverbank Public School has its own Facebook page where we celebrate student's achievements. Parents are unable to post any news items but can comment on reports and photos. The page is designed to keep the community up to date regarding all the wonderful things that happen at Riverbank Public School.



### Twitter

In addition to Facebook, Riverbank Public School use Twitter to share events as they happen throughout the school. You can follow us on Twitter [@RiverbankPublic](https://twitter.com/RiverbankPublic).



## **Restorative Practices**

Restorative Practices form the relational basis for Quality Teaching and Learning at Riverbank Public School. Our Restorative Practice Framework, because of its explicit nature, offers a common language and practice capable of fostering healthy relationships.

Student achievement is enhanced through Restorative values being embedded as a way of being and learning together. Our approach fosters individual responsibility and helps develop empathy. Inappropriate behaviour or choices and mistakes can be viewed as an opportunity for insight, learning and development in both the academic and social domains.

The explicit framework is inextricably linked to the Quality Teaching Framework and includes the following sets of questions to be asked by children, teachers and parents.

When Things Go Wrong.... When Someone Has Been Hurt

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you may do to make things right?
- What did you think when you realised what happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

The process is empowering as it takes students from the past to the present and gives them hope for the future. It empowers them to make things right and heal any harm that has been done.

A restorative classroom setting is one that values dialogue through an inclusive approach where everyone expects to be heard and through this participatory process, students develop the capacity to learn that emotions are an important and legitimate expression of healthy dialogue. This process helps students to deal with conflict, tensions and difference in respectful ways that engender trust and foster healthy relationships.

## **School Motto**

The school's motto, 'Learning to Live, Living to Learn', reinforces a broad and enriching curriculum, which not only focuses on the development of literacy and numeracy skills but also on the social and emotional wellbeing of the students whilst respecting a culturally diverse community.

## Riverbank Public School Code of Behaviour

- We share the voice space by listening actively to others and expressing ourselves confidently.
- We follow instructions by being in the right place, at the right time, doing the right thing.
- We use build-ups by saying encouraging, affirming things to others.
- We keep our hands, feet, and objects to ourselves so that everyone is safe.
- We own our own behaviour because we choose how we behave.

### Our Help Increase the Peace (HIP) Keys – School Rules:

Our school values will incorporate the 'Help Increase the Peace Keys' to promote a harmonious, nurturing, and challenging living and learning environment.

The HIP program offers a whole school approach to building relationships through communication, co-operation, trust building and conflict resolution.



**YELLOW KEY** Care for Others

**GREEN KEY** Think Before Reacting

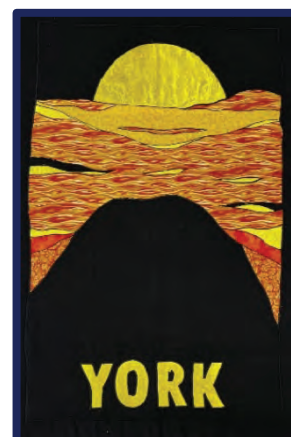
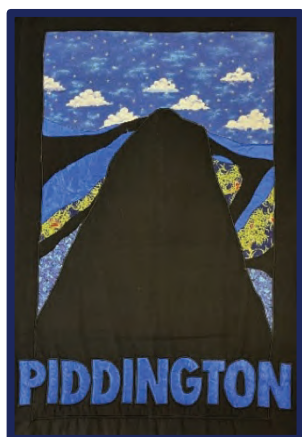
**BLUE KEY** Respect Yourself

**RED KEY** Work Together for a Non-Violent Way

**BLACK KEY** Expect the Best

## Sport Houses

There are Four Sports Houses that reflect the wonderful view the school has of the Blue Mountains.



Team Name	Named After	Famous For	Team Colour
<b>PIDDINGTON</b>	Mount Piddington	One of the highest peaks and is very famous for rock climbing.	<b>BLUE</b> (For the abundance of Eucalypts that give the mountains their blue colour)
<b>TOMAH</b>	Mount Tomah	Is very famous not only for its height but the Botanical Gardens.	<b>GREEN</b> (For the gardens)
<b>BOYCE</b>	Mount Boyce	Is almost the highest point in the mountains and is famous for a major Bureau of Meteorology station.	<b>RED</b> (For the flowering red natives: Waratah, Lambertia or Mountain Devil and Red Grevillia)
<b>YORK</b>	Mount York	Is very famous because it is where Blaxland, Lawson and Wentworth first saw the western plains.	<b>YELLOW</b> (For the viewing of the western plains by the explorers)

## **Creative and Performing Arts (CAPA)**

Our Riverbank CAPA Groups are working hard to prepare for Captivate CAPA Spectacular and all groups will perform at Hillsong Convention Centre on Wednesday 21 September. Students will also attend a rehearsal on the same day at the venue. More information regarding the rehearsal and the evening performance will go home in the next few weeks.

Tickets are available now for purchase via the front office. If your child is in a CAPA group, they would have received a note on Monday outlining how to purchase tickets. They are \$15 each. In order for this event to be successful, we require families to purchase a minimum of 3 tickets each. We encourage all family and friends to purchase a ticket to support our students.

We are excited to showcase three of our Creative and Performing Art groups below.

### **Year 2 Choir**

Year 2 Choir have had lots of fun channelling their inner Matilda Wormwood preparing for our performance night. They have been working hard and practising a song 'Naughty' from Matilda the Musical. Miss Molnar and Mrs Lamont are very proud of their hard work and determination.



### **3-6 Boys Dance**

3-6 Boys Dance group have been enjoying learning their new dance to the song 'Best Day of My Life'. The boys have been rehearsing weekly and are working hard to improve their moves ready for our CAPA night performance. Miss Renshaw is proud of the boys' efforts this term.



### **Year 6 Dance**

Year 6 Dance group have been refining their dance 'Sweet Dreams' with Ms Mobsby and Miss Kennedy. It is a powerful item that highlights the delicate balance of power in friendship and shows that trust and respect are key to achieving harmony.



**Gemma Wade**  
**CAPA Coordinator**



## **Sports Update**

### **Winter PSSA**

#### **Round 10 Results**

Rugby League: Jnrs L 0-38 Snrs L 0-60

Netball: Jnrs W 9-0 Snrs W 14-1

Boys Soccer: Jnrs L 1-4 Snrs W 1-0

Girls Soccer: Jnrs W 5-0 Snrs W 3-0

Newcombe Ball: Boys W 2-0 Girls W 2-1

#### **Round 11 Results**

Rugby League: Jnrs L 12-24 Snrs L 6-42

Netball: Jnrs L 3-5 Snrs L 12-20

Boys Soccer: Jnrs W 2-1 Snrs L 0-6

Girls Soccer: Jnrs W 3-0 Snrs W 3-2

Newcombe Ball: Boys W 2-1 Girls W 2-0

### **Winter PSSA Jerseys**

The end of the Winter PSSA season will end on Friday of Week 6.

The students who play Winter PSSA will need to bring their Riverbank sports shirt to change into after their game.

All Winter PSSA jerseys will need to be handed back to their coaches once they have returned to school after the Week 6 game.

### **Ridges Zone Athletics Carnival**

The Ridges Zone Athletics Carnival will be held this upcoming Friday at Alfred Henry Whaling Memorial Reserve. 60 Riverbank students will be attending to compete in a variety of track and field events throughout the day. We wish all Riverbank competitors well and we know that they will proudly represent our school.

**Jarad Lonsdale**  
**Sports Coordinator**

## Library Update

### Library Prefects

We are very fortunate to have 15 amazing Library Prefects! Our Prefects operate the Library during their recess and lunch breaks along with before and after school!

They are developing exceptional leadership skills along with showing initiative and responsibility of the highest standard. I am constantly impressed with the way they conduct themselves with such maturity and always bringing a sense of fun.

They have a variety of roles and some would like to share with you what they like best about their job!

Tegan - I like helping the younger students and being able to borrow more books and seeing the wonderful Library Staff every day.

Mehar - I like people treating me like I am very important.

Jasmita - I like to provide aid and assistance to children's education.

Himani - I love seeing the joy in children's faces when they are engaged in a book.

Melissa - Being a role model for younger generations in a positive learning environment.

Veda - I like the amount of entertainment that comes with this role.

Jiya P - I like to read books to younger students.

Jiya D - I like helping children explore new words through reading books.

Jay - I love seeing the happiness in children and borrowing more books and getting respect.

Suraj - I love working with the nice Library Staff and like to see happy emotions on younger kids.

Vihaan - Reading to children is the least I can do to help them excel in their education.



### **Overdue Books**

The Library has gone paperless! Students in years 3-6 will receive an email to their student email along with email notification to parents. K-2 students overdue notices will be emailed to parents only. Please assist your child in returning their books in a timely manner. We currently have 1000 overdue books.

***If you are planning on going overseas, please make sure you child has returned their library books before your trip.***

### **Book Club**

Thank you so much for supporting Book Club. Early bird orders have arrived and been delivered to students. We are expecting the remaining book club orders to arrive by the end of the week.

### **Book Week**

Not long to go now! We hope you are as excited as we are to have your Book Character costumes ready for 25th August!

Need inspiration? Watch this story! [https://youtu.be/Cd8ICir\\_gEM](https://youtu.be/Cd8ICir_gEM)

**Ms Jennifer Kennedy**  
**Teacher Librarian**

## Technology Club Update

During Term 2, our school entered two teams of five students into the 2022 Game Changer Challenge. The challenge required students to use a variety of skills to solve a problem facing their local community. The theme for this year was a question of how we can ensure healthy lives for all at all ages.

Competing against schools from across New South Wales, our students were challenged to use design thinking, problem-solving skills, and their understanding of their local community to create a 90 second video submission outlining one possible solution to the problem and how it addresses a specific need in our community.

Both teams showed strong teamwork and utilised the skills of each team member when generating ideas and creating their video projects. This style of design thinking and working alongside others highlights our students' willingness to extend their learning and challenge their own thinking as members of not only Riverbank Public School, but their wider communities.



**Mr Cameron Findley**  
**Technology Club Coordinator**

## **RPS Medical Procedures**

### **Prescribed Medication:**

When a medical practitioner has prescribed medication that must be administered during the school day, parents/carers must:

- notify the school
- provide up to date information as required
- supply the medication and any 'consumables' necessary for its administration in a timely way
- complete the Riverbank Public School Medical Permission Note (please see the office for a copy of this note).

The administration of prescribed medication in schools is carried out by staff who volunteer and who are trained. Students must not carry medication unless there is a written agreement between the school and the student's parents/carers.

### **Individual Health Care Plans:**

An individual health care plan must be developed for:

- severe asthma, type 1 diabetes, epilepsy, and anaphylaxis
- any student who is diagnosed as having a condition that may require an emergency response
- any student who requires the administration of health care procedures

**If your child has any health conditions and does not already have an existing individual health care plan, please contact the office to collect the required forms.**

If your child has an adrenaline auto injector (EpiPen) prescribed by a medical practitioner, an [Action Plan for Anaphylaxis](#) must be completed. If the school does not have a current, Action Plan for Anaphylaxis please have your child's doctor complete one immediately.

If your child has allergic reactions where no adrenaline autoinjector is prescribed by a medical practitioner, an [Action Plan For Allergic Reactions](#) must be completed. If the school does not have a current Action Plan for Allergic Reactions, please have your child's doctor complete one immediately.

If your child has been prescribed by a medical practitioner as having asthma, an [Asthma Action Plan](#) is required. If the school does not have a current Asthma Action Plan, please have your child's doctor complete one immediately.



# Lost Property

Our lost property tubs are located outside the staffroom and are checked daily by staff. Lost property which is labelled will be returned to students the following day.

Please ensure that all uniforms, lunchboxes, and water bottles are labelled with your child's name.



## Dropping Off and Picking Up students

A 'Kiss and Ride Zone' or 'Drop-off and Pick-up' area utilises existing 'No Parking' zones around schools. In these areas, drivers may stop to drop off or pick up children, however **No Parking** rules apply:

- Maximum stop time is 2 minutes
- Driver must remain in or within 3 metres of the vehicle
- Vehicle must not be left unattended

Additional safety tips for school zones:

- Always drop-off or pick-up your child from the designated area, following the school's procedures
- Make sure children use the footpath-side door when getting in and out of a car
- Make sure the hand brake is applied when the vehicle is stationary
- Never double park
- Never Park across a pedestrian crossing
- Never undertake a U-turn near the school.

Safety Tips for Students:

- Stay buckled up until the vehicle has stopped in the 'Drop-off and Pick-up' area
- Make sure your school bag and other items are in a safe position, e.g., on the floor
- Be ready to get out of the car with your belongings when the car has stopped, and you have unbuckled your seatbelt
- Always get in and out of the backseat of the vehicle through the safety door - the rear footpath-side door.

## No Stopping



**What does it mean?** You cannot stop in this area FOR ANY REASON (including queuing or waiting for space).

**Why is it there?** Keeps clear sight lines between drivers and children/pedestrians.

**Penalty** \$330 + 2 Demerit Points (School Zone)

## No Parking



**What does it mean?** You can stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. If no spaces are available, you cannot queue on the roadway or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up.

You must always stay within three metres of your vehicle.

**Why is it there?** To provide a safe place for children/pedestrian set down and pick up.

**Penalty** \$183 + 2 Demerit points (School Zone)

### Bus Zone



**What does it mean?** You must not stop or park in a bus zone for any reason (including queuing or waiting for a space) unless you are driving a bus.

**Why is it there?** To provide a safe place for large buses to set down and pick up school children.

**Penalty** \$330 + 2 Demerit Points (School Zone)

### Pedestrian Crossings

You must not stop within 20 metres before a pedestrian crossing or 10 metres after a crossing unless there is a control sign permitting parking.

**Why is it there?** To ensure that children can be clearly seen by vehicles approaching the crossing.

**Penalty** \$439 + 2 Demerit Points (School Zone).



### Footpaths, Driveways and Nature Strips

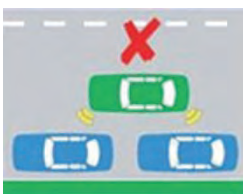


You must not stop on any footpath or nature strip, or even a driveway crossing a footpath or nature strip FOR ANY REASON.

**Why is it there?** You could easily run over a child or force pedestrians onto the road to get around you.

**Penalty** \$183 + 2 Demerit points (School Zone)

### Double Parking



You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.

**Why is it there?** Double parking forces other cars to go around you cause traffic congestion and reduces the view of drivers and children crossing the road.

**Penalty** \$330 Demerit points (School Zone)

The school is very fortunate to have dedicated volunteers who assist in the safe pick-up of students in this area. Please follow any instruction given to you by these volunteers in order to keep the children safe.



Proudly Presents

2022

# Captivate

## CAPA Spectacular!

**Wednesday 21st September**

**Hillsong Convention Centre  
Solent Cct, Norwest**

**Doors Open 5:30pm  
Show Starts 6pm sharp**

**Tickets**

**Adult \$20**

**Children 2 years+ \$10**

**Tickets will be sold via the school office**

**Note: Seats are not numbered.**

**Please arrive early to get the best seats.**







PROUDLY PRESENTS

# STEAM

*expo*

Parents are invited to join us in celebrating Education Week in our classrooms to learn how STEAM and Technology are incorporated into our learning activities.

## Term 3 Week 8

Monday 5 September – K, Yr 3, Yr 5 & 6

Tuesday 6 September – Yr 1 & Inclusive Ed

Wednesday 7 September – Yr 2 & Yr 4

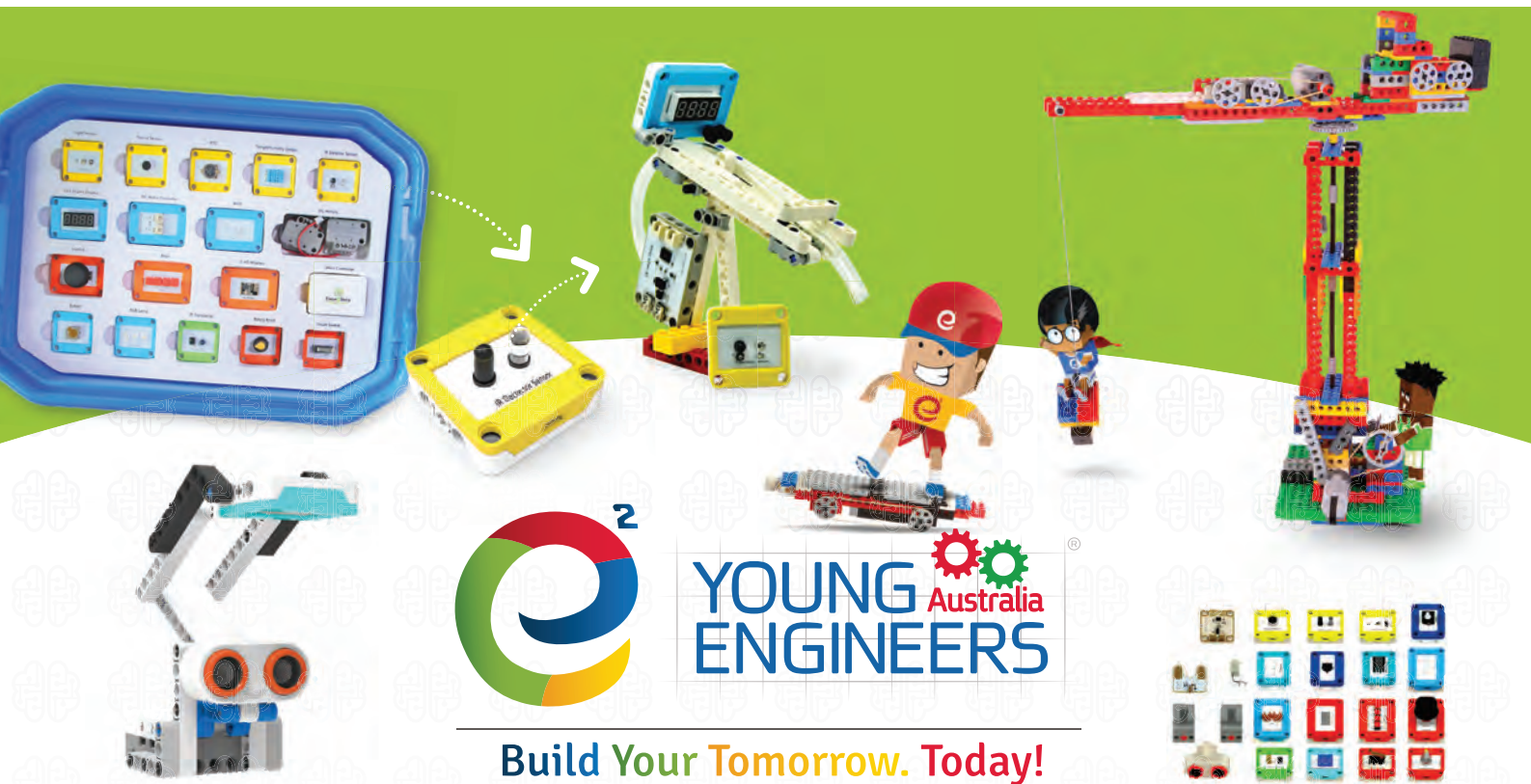
From 1.30pm – 2.30pm each afternoon

**Creating  
Futures –  
Education  
Changes Lives**

**Ed2022  
Week**







**YOUNG  
ENGINEERS** Australia

**Build Your Tomorrow. Today!**

# Engineering & Robotics Advanced Robotics

## Riverbank Public School

Eligibility	Program Name	Time	Fee	Dates	Book online at
Yr K - 1	Build-Up	3:00 to 4:30pm	\$225	25/7-19/9 - Mon	<a href="http://www.trybooking.com/CADRO">www.trybooking.com/CADRO</a>
Yr 2 - 4	Engineering & Robotics	3:00 to 4:30pm	\$225	25/7-19/9 - Mon	<a href="http://www.trybooking.com/CADRO">www.trybooking.com/CADRO</a>
Yr 5 - 6	Advanced Eng Robotics	3:00 to 4:30pm	\$255	25/7-19/9 - Mon	<a href="http://www.trybooking.com/CADRO">www.trybooking.com/CADRO</a>
Yr K - 1	Build-Up	3:00 to 4:30pm	\$225	29/7-23/9 - Fri	<a href="http://www.trybooking.com/CAMWL">www.trybooking.com/CAMWL</a>
Yr 2 - 4	Engineering & Robotics	3:00 to 4:30pm	\$225	29/7-23/9 - Fri	<a href="http://www.trybooking.com/CAMWL">www.trybooking.com/CAMWL</a>



**For more information  
please call 0416 100 089**

**infonwsydney@young-engineer.com.au**  
**www.nwsydney.youngengineers.com.au**

From Sustainable farming to self-driving cars, **Advanced Engineering & Robotics** model a range of real-world situations that teach students a complete understanding of how the technology works and used to solve the issue at hand. The engineering lessons engage kids with a hands-on learning environment and immerse them in the applications and possibilities of modern technologies. Through PBL (Project-based learning), students combine hardware, Lego® compatible building blocks, and coding to create a prototype and solve real-world problems. The projects are designed to encourage students to invent other viable solutions to these real-world issues and explore ways to utilize existing technology. The completion of these projects will boost confidence and create problem solving ability in students to overcome any challenge from working in their future jobs to solving our world's current or future problems.

**Engineering & Robotics Program** provides theoretical knowledge in software and mechanical engineering combined with mathematics and physics.

**Build-Up Program** is designed for little children where they start from learning the basics of building Lego Models including improving them and end up building models independently with a friend and enjoying group game.

# AFTER SCHOOL SPORTS PROGRAM

THE PONDS HIGH SCHOOL FOR RPS STUDENTS  
SPORTS FOUNDATION AUSTRALIA



(All year program)

every TUESDAY and FRIDAY

Time: 2:45- 5:pm

Program starts 3:30

Sports: Cricket, Soccer & Basketball

Fee per term: \$180 (for once a  
week per term)

Venue: THE PONDS HIGH SCHOOL GROUND AND  
Hall

pickup by our staff at 2:45

NO Wet weather cancellations

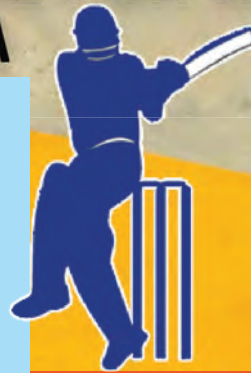
## ADVANCED CRICKET ACADEMY PROGRAM

Schofields , Pendle Hill

COACH SANJIV DUBEY

ICC Level 3 qualified and senior  
assistant head coach in premier  
cricket Nsw

use active kids voucher



USE \$100 ACTIVE  
KIDS VOUCHER  
OR  
CREATIVE  
VOUCHER  
(CREATIVE CAMP )

## JULY SCHOOL HOLIDAYS SPORTS AND CREATIVE CAMPS

FEE -HALF DAY( 9 -11:30)

CASUAL-\$30

SHORT FULL DAY( 8 -3)

casual \$49

VENUE - JONAS BRADLEY OVAL  
AND SPORTS FACILITIES THE  
PONDS

CONTACT 0433669334

,0433669333

Email:

sportsfoundationaustralia@gmail.  
com

Website:

sportsfoundationaustralia.com.au

# SCHOOL ZONE OFFENCES

## WHAT ARE YOU RISKING? \*



Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need **YOU** to take extra care when driving and parking around school zones.



### NO PARKING

**No waiting.** You have **2 minutes** to drop-off or pick-up.

You must stay within **3 metres** of your vehicle.

PENALTIES FROM  
**\$ 194**  
+2 DEMERIT POINTS



### NO STOPPING

You must **not stop** on a length of road with a **no stopping** sign.

The first **10 metres** from an **intersection** is a no stopping zone.  
**Yellow kerb lines** are also a No Stopping zone.

PENALTIES FROM  
**\$ 349**  
+2 DEMERIT POINTS



### BUS ZONE

Only a public bus can stop in a bus zone.

PENALTIES FROM  
**\$ 349**  
+2 DEMERIT POINTS



### MOBILE PHONES

Extra fines apply for using a mobile phone in a school zone.

PENALTIES FROM  
**\$ 464**  
+5 DEMERIT POINTS

May be subject to Double Demerits

### PEDESTRIAN CROSSING

1. In a queue of traffic, **no part of your vehicle can stop** on a pedestrian crossing.
2. Do not let **your child in or out of a vehicle** at a pedestrian crossing as this is a No Stopping zone.

PENALTIES FROM  
**\$ 464**  
+2 DEMERIT POINTS

### DRIVEWAYS & FOOTPATHS

Do not park on or across a driveway or footpath.

PENALTIES FROM  
**\$ 344**  
+2 DEMERIT POINTS

### U TURNS

U turns are **illegal** on or near a **pedestrian crossing** and across a **double white line**.

PENALTIES FROM  
**\$ 349**  
+3 DEMERIT POINTS

### DOUBLE PARKING

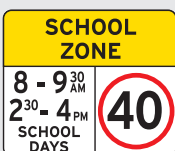
Double parking is illegal and is very dangerous in a school zone.

PENALTIES FROM  
**\$ 349**  
+2 DEMERIT POINTS

\*Fines current as of 11 November 2020.

Fines and demerit points are subject to change. For more information check out the NSW Centre for Road Safety website.

### SPEEDING OFFENCES



**40km/h** is the limit.

Children are vulnerable, so slow down in school zones.

PENALTIES FROM  
**\$ 200**  
+2 DEMERIT POINTS

May be subject to Double Demerits



**PENRITH**  
CITY COUNCIL



**Blacktown**  
City Council



# SCHOOL ZONE OFFENCES

## WHAT ARE YOU RISKING?



### NO STOPPING

You must **not stop** on a length of road with a **no stopping** sign.



### NO PARKING

**2 minutes** to drop-off or pick-up, stay within **3 metres** of vehicle.



### BUS ZONE

Only a public bus can stop in a designated bus zone.



Help keep our children **safe**

