

ANTI-BULLYING PLAN 2021

Riverbank Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Riverbank Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour. Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	<ul style="list-style-type: none"> • Behaviour Code for students through Restorative/Circle Time (ongoing) • Weekly HIP Key emails to all classes K-6. Hip Key Focus (ongoing) • Anti-bullying & Cyber Safety Incursion Stage 2 & 3 - Constable Bollard • National Day of Action – anti-bullying posters around school 1 week prior to NDA; school leaders address stage assemblies, encouraging students to be 'upstanders'; appropriate reporting of bullying behaviours • Harmony Day - Friendship Soup https://www.youtube.com/watch?v=H7w7yXkJTu0, poster competition and wear orange • Go Blue for Autism Day
Term 2	<ul style="list-style-type: none"> • Weekly HIP Key Videos - presented by student leaders (ongoing) • Tell Them From Me Survey • Multicultural Public Speaking Competition – Week 7 • NAIDOC Week Celebrations – Week 10

Term 3	<ul style="list-style-type: none"> • Friendship Day
Term 4	<ul style="list-style-type: none"> • Roar for Rory Day

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics & Professional learning
Term 1	<ul style="list-style-type: none"> • Annual Child protection Training & Wellbeing Professional Learning on SDD1 • Weekly HIP Key emails – Hip Key Focus • Induction for new students / staff of Restorative Framework, including Circle Time • Wellbeing Committee Meetings – Week 5 & 10 • Weekly Stage Meeting Agenda Item
Term 2	<ul style="list-style-type: none"> • Opt-in staff workshops on Restorative Framework • Weekly HIP Key emails – Hip Key Focus • Use of Kids Helpline (Kids aged 5-12) Website https://kidshelpline.com.au/ • Wellbeing Committee Meetings – Week 5 & 10 • Weekly Stage Meeting Agenda Item
Term 3	<ul style="list-style-type: none"> • Wellbeing Committee Meetings – Week 5 & 10 • Weekly HIP Key emails – Hip Key Focus • NED Update/TED Talk on Positive wellbeing • Weekly Stage Meeting Agenda Item
Term 4	<ul style="list-style-type: none"> • Wellbeing Committee Meetings – Week 5 & 8 • Weekly HIP Key emails – Hip Key Focus • NED Update/TED Talk on Positive wellbeing • Weekly Stage Meeting Agenda Item

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

<p>Induction program for new and casual staff includes:</p> <ul style="list-style-type: none"> • Riverbank Public School Wellbeing Policy • Restorative Practice workshops • Casual teacher folder updated student wellbeing • Use of Sentral to record incidences
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2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying

behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour). The following are published on our school's website:

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1 <i>ongoing</i>	<ul style="list-style-type: none">• Restorative Practice – fortnightly, through school newsletter• School Website – Anti-Bullying Plan• Meet The Teacher presentation
Term 2	<ul style="list-style-type: none">• Links to Kids Helpline (Kids aged 5-12) Website https://kidshelpline.com.au/• Restorative Practice – fortnightly, through school newsletter
Term 3	<ul style="list-style-type: none">• Tell Them From Me – Parent Survey results• NED Update/TED Talk on Positive wellbeing links
Term 4	<ul style="list-style-type: none">• NED Update/TED Talk on Positive wellbeing links

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following:

- Circle Time conducted weekly with students and staff.
- Programming and teaching of PDHPE topics taught and reviewed in accordance with the Australian Curriculum
- Weekly assemblies – merit awards reflected with HIP key values

Completed by: Sue Rozanc

Position: Head Teacher Wellbeing

Signature: _____ Date: _____

Principal name: Jeanie Brown

Signature:  _____ Date: 29.03.2021