

2022 CANTEEN MENU

Hot Food

Corn on the Cob		\$1.50
Garlic Bread		\$2.00
Party Pie / Sausage Rolls	2 for	\$3.00
Hot Cheese Roll		\$3.20
Chicken Nuggets	4 for	\$3.50
	6 for	\$5.00
Cheese & Broccoli Bites	4 for	\$3.50
	6 for	\$5.00
Hot Dog w/ Sauce		\$3.80
Mini Dim Sim Cup		\$3.50
Chicken or Vegetable		
Sausage Roll - Large		\$3.80
Spinach & Ricotta Roll		\$3.80
Hot Chicken Roll		\$4.20
Traveller Pie		\$4.50
Beef or Chicken		

Burgers

No changes or substitutions are available.

Chicken Burger	\$4.80
Lettuce & Mayo	
Beef/Salad Burger	\$5.20
Lettuce, Tomato & BBQ Sauce	
Cheese Burger	\$4.80
Beef, Cheese & BBQ Sauce	
Veggie Burger	\$4.80
Lettuce & Mayo	

Pasta & Rice

Macaroni & Cheese	\$4.80
Butter Chicken & Rice	\$4.80
Beef or Vegetable Lasagne	\$4.80
BBQ Pork & Ham Fried Rice	\$4.80
Nacho Dippers	\$5.00

Hot Wraps

Sauces available under Build Your Own Sub Roll!

Chicken Tender w/ Lettuce & Mayo	\$5.50
Toasted Ham/Cheese	\$5.00

Bento Box \$5.50

Your choice of Chicken Breast Slice, Corn Cob or Boiled Egg PLUS 1/2 Sandwich, Mini Muffins, Sliced Fruit, and Popcorn

Build Your Own Sub Roll

Sub rolls baked fresh everyday!

\$5.50

Includes:

One (1) choice of meat, and any fillings or sauces.

1. Choose a Meat:

Chicken Breast, Ham, Tuna, Meatballs or Roast Beef

2. Choose Fillings:

Carrot, Cheese, Tomato, Lettuce, Cucumber or Beetroot.

3. Choose Sauce/Dressing:

Caesar, Garlic Aioli, Sweet Chilli, Tomato, BBQ, Mayo or Sweet Mustard.

Sandwiches & Wraps

All sandwiches made on wholemeal bread

Upgrade Wrap	\$0.80
Vegemite, Jam or Cheese	\$2.50
Tuna or Egg	\$3.50
Ham, Chicken or Roast Beef	\$4.20
Salad Sandwich	\$4.20
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
Salad w/ Tuna or Ham	\$4.50
Salad w/ Chicken or Roast Beef	\$5.00
Extras (including Toasting)	\$0.60
Cheese, Avocado, Sprouts	

Sushi

Available Tues, Wed, & Thurs

Chicken & Cucumber	\$4.00
Tuna & Cucumber	\$4.00
Chicken Teriyaki	\$4.00
Veggie Sushi	\$4.00

ORDER ONLINE!

For online weekly specials, detailed menus and to order online, please visit spriggyschools.com.au

Lunch order cut off is 9am

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WE'RE A
GREAT CHOICE
HEALTHY SCHOOL
CANTEEN
2021

Salads

	Small	Large
Garden Salad	\$4.50	\$5.20
Lettuce, Tomato, Cucumber, Beetroot & Carrot		
w/ Ham or Tuna	\$5.20	\$6.00
w/ Chicken	\$5.20	\$6.00
Chicken Caesar Salad	\$5.50	\$6.00
Greek Salad	\$5.50	\$6.00
Extras		
Cheese, Avocado, Sprouts, Egg or Capsicum		\$0.70 each

Drinks

Bottled Water 600ml	\$2.00
Plain Milk 300ml	\$2.00
Juice Popper	\$2.50
Flavoured Milk 300ml (3 Flavours)	\$2.60
Juice Bomb Sparkling Juice	\$3.00
Up 'n' Go	\$3.00

Please note that while we take great care to ensure the correct flavour drink/ice block is provided, some substitutions may occur due to circumstances out of our control

Cold Treats

Quelch Fruit Stick	\$1.00
Frozen Juice Cup	\$1.50
Snap Stix Ice Block	\$1.50
Icy Mony	\$1.50
Moosie Pouch	\$1.50
Juicee Tube	\$1.50
Lemonade on a Stick	\$1.50

All cold treats are to be collected from the canteen by returning brown lunch bag

Snacks

Laughing Cow Cheese	\$1.00
Carrot Sticks	\$1.00
Piece of Fruit	\$1.20
Boiled Egg	\$1.00
Popcorn	\$1.50
Custard Cup	\$2.00
Fruit Salad	Small \$2.00
	Fresh \$4.00
Dip Snack Box	\$3.50
Banana Bread Slice	\$3.00
Red Rock Crisps	\$2.00
Grainwaves	\$2.00



Classroom Catering supports a focus on everyday healthy food & drink options and is fully compliant with the NSW Healthy School Canteen food & drink benchmarks.