

# JOIN NOW 2019 AFTER SCHOOL SPORTS PROGRAM @ Ponds High School

**Sports Foundation Australia Pty Ltd and Footwork Sports Academy**

Contact: 0433669334 Email: [sportsfoundationaustralia@gmail.com](mailto:sportsfoundationaustralia@gmail.com); Web:

[www.sportsfoundationaustralia.com.au](http://www.sportsfoundationaustralia.com.au), Days: **Tuesday and Friday**

## IT'S A STRUCTURED SPORTS SKILL DEVELOPMENT PROGRAM.

**Must give** your child an opportunity to learn core skills of sports from a young age. Don't delay an age appropriate sports development. Help them enhance their self-worth and self-esteem. Kids engage in a curriculum based structured activity to improve fundamental movement skills of sports such as dribbling, ball control, passing, catching, throwing, hitting and continue to master these skills on an ongoing process they also improve their **ball judgment, balance, hand-to-eye coordination, footwork coordination and concentration**. Core skills of the following sports will be taught i.e. **SOCCER, BASKETBALL, and CRICKET** by Professionals (*this program runs throughout the Year*) Venue: **Ponds High School**

**Cost: \$ 165/ for a Term** for once a week (if joining mid-term credit will be given)

**Timing:** Pick up straight after school by staff 3:00 pm to 5:00 pm. Program starts 3:30 pm



**LEARN CRICKET**  
**FootWork Sports Academy**

Contact : Sanjiv dubey M : 0433669334 visit : [www.footworksports.com](http://www.footworksports.com)

## ADVANCED CRICKET PROGRAM (BLACKTOWN)

The program is run and managed by highly qualified and accomplished coach namely **Sanjiv Dubey** (A High performance, level 3 coach from ICC) and coach in Sydney Premier Cricket League.

- Session combining the best of personal coaching with the benefits of group training.
- Sessions tailored to the individual goals.
- Utilizing on-going feedback and Video Analysis and best Bowling Machine to train.
- Focus Areas: **Batting, Bowling, Fielding, Wicket keeping, Match Awareness Skills**

Venue: **Kings Park Indoor Centre (Behind McDonalds) and Club Marconi**

Days: **Monday and Wednesday (5:00 PM to 9:30 PM).**

Sunday: **7:00 am to 5:00 pm**

If you wish to join any of the program kindly email on [sportsfoundationaustralia@gmail.com](mailto:sportsfoundationaustralia@gmail.com) with the following detail  
Name of the child..... Program.....Contact number

..... If you have any questions call on **0433669334, 0433669333** for further details.